

# Understanding, Identifying, and Treating Suicide Risk

## A clinical primer for behavioral health providers

A six-hour virtual training designed to strengthen clinicians' competence and confidence in effectively working with suicide risk and suicide loss.



A division of JLI



American Foundation for Suicide Prevention



A M E R I C A N ASSOCIATION OF SUICIDOLOGY

Register for this two-day seminar at:  
**[wellnessinstitute.org/clinicaltraining](https://wellnessinstitute.org/clinicaltraining)**

Registration fee: \$75 (scholarships available)

*Sponsored by*  
**The Wellness Institute,  
the American Association of Suicidology, and  
the American Foundation for Suicide Prevention**

*Curriculum prepared by*  
**The Wellness Institute's Clinical Advisory Board Members  
Jill Harkavy-Friedman, PhD  
Sigrid Pechenik, PsyD**



Accreditation Statement: The American Association of Suicidology is approved by the American Psychological Association to sponsor continuing education for psychologists. American Association of Suicidology maintains responsibility for this program and its content.

**CE Credit: 6.0**

This program is Approved by the National Association of Social Workers (Approval # 886455354-3887) for 6 continuing education contact hours.

**March 16–17, 2021**  
**1:00 pm–4:00 pm EST**

For all questions and scholarships email Mushky at  
**[mlipskier@wellnessinstitute.org](mailto:mlipskier@wellnessinstitute.org)**

**[wellnessinstitute.org/clinicaltraining](https://wellnessinstitute.org/clinicaltraining) | (718) 221-6900 ext 501**

## Day 1 Tuesday, March 16th, 2021

**1:00 pm\***     **Introduction to Suicide Prevention**     **Jonathan B. Singer, PhD**  
Loyola University Chicago,  
President of the American  
Association of Suicidology

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**1:30 pm\***     **A Model for Understanding Suicidality**     **Jill Harkavy-Friedman, PhD**  
Columbia University,  
The American Foundation  
for Suicide Prevention

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**1:50 pm\***     **Engaging with Clients with Suicidal Ideation**     **Jill Harkavy-Friedman, PhD**  
Columbia University,  
The American Foundation  
for Suicide Prevention

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**2:10 pm\***     **Suicide Screening and Assessment**     **Jill Harkavy-Friedman, PhD**  
Columbia University,  
The American Foundation  
for Suicide Prevention

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**2:30 pm\***     **Safety Planning Intervention: A Brief Intervention for Reducing Suicide Risk**     **Barbara H. Stanley, PhD**  
Columbia University,  
New York State Psychiatric Institute

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**3:15 pm\***     **Conducting Dialectical Behavioral Therapy (DBT) with Suicidal Individuals**     **Beth S. Brodsky, PhD**  
Columbia University,  
Center for Practice Innovation

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## Day 2 Wednesday, March 17th, 2021

**1:00 pm\***     **Collaborative Assessment and Management of Suicidality (CAMS)**     **David A. Jobes, PhD, ABPP**  
Catholic University of America,  
Creator and Developer  
of CAMS

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**1:45 pm\***     **Attachment-Based Family Therapy (ABFT)**     **Guy S. Diamond, PhD**  
Professor Emeritus, University of  
Pennsylvania School of Medicine,  
Developer of ABFT for depressed  
and suicidal youth

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**2:30 pm\***     **Cognitive Therapy for Suicide Prevention (CT-SP)**     **Gregory K. Brown, PhD**  
**Kelly L. Green, PhD**  
University of Pennsylvania,  
UPenn Center for the Prevention  
of Suicide

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**3:15 pm\***     **Complex Grief: Treating Suicide Loss Survivors**     **Sidney Zisook, MD**  
University of California  
San Diego

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\*Eastern Standard Time

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### **Beth S. Brodsky, PhD**

Beth S. Brodsky, PhD, is associate clinical professor of medical psychology in psychiatry at Columbia University, and a research scientist in the Conte Center for the Neurobiology of Mental Disorders at the N.Y.State Psychiatric Institute. She has published numerous articles and chapters on the topics of suicide risk and treatment of suicidal behavior in borderline personality disorder and teaches DBT to psychiatry residents and psychology trainees. She is the co-author, with Dr. Barbara Stanley, of *The Dialectical Behavior Therapy Primer: How DBT Can Inform Clinical Practice*.



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### **Gregory K. Brown, PhD**

Gregory K. Brown, PhD is the Director of the Penn Center for the Prevention of Suicide at the University of Pennsylvania, School of Medicine where he is the Research Associate Professor of Clinical Psychology in Psychiatry. Dr. Brown is the developer, along with his colleagues, of two clinical interventions for individuals at risk for suicide: the Safety Planning Intervention and Cognitive Therapy for Suicide Prevention. Dr. Brown is the Principal Investigator/Co-Investigator on research grants from the National Institute of Mental Health, American Foundation for Suicide Prevention, Department of Veterans Affairs, and the Department of Defense. He is the author of numerous scientific publications in the area of suicide prevention and provides clinical training for clinicians in suicide assessment and risk management, cognitive behavior therapy for depression and suicide prevention.



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### **Guy Diamond, PhD**

Guy Diamond, PhD, is professor emeritus of the University of Pennsylvania School of Medicine. He is associate professor in the College of Nursing and Health Professions at Drexel University's Department of Counseling and Family Therapy and the director of the Center for Family Intervention Science (OFIS). He is a family intervention clinical trials researcher with



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### **Jill Harkavy-Friedman, PhD**

Dr. Jill Harkavy-Friedman, PhD, leads the American Foundation for Suicide Prevention's growing research grant program. She works with over two hundred scientific advisors to evaluate progress in the field and chart the next areas of inquiry to yield impactful insights and strategies for suicide prevention. A pioneer in suicide research, Harkavy-Friedman has published over one hundred articles. She works closely with AFSP's education, communication, and public policy and advocacy teams to develop programs and messages to ensure they follow best practices in suicide prevention and reflect the latest findings in research. Dr. Harkavy-Friedman is an Associate Professor of clinical psychology, in Psychiatry at Columbia University. She is the Director for Diagnosis and Assessment for the Lieber Center for Research in Schizophrenia, co-principal investigator on a project of the Conte Neuroscience Center for the Study of the Neurobiology of Suicidal Behavior, and an investigator for the Clinical Evaluation Core of that Center.



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### **Kelly L. Green, PhD**

Kelly L. Green, PhD, is a senior research investigator in the Department of Psychiatry at the University of Pennsylvania Perelman School of Medicine and is a licensed psychologist. Her current research focuses on the development, evaluation, and refinement of evidence-based practices (EBPs) for suicide prevention, including the Stanley & Brown Safety Planning Intervention and Cognitive Therapy for Suicide Prevention. Dr. Green's provides training and consultation in effective suicide care and in cognitive behavioral therapy to clinicians in diverse settings internationally.



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### David A. Jobes, PhD, ABPP

David A. Jobes, PhD, ABPP, is a professor of psychology and associate director of clinical training at The Catholic University of America in Washington, D.C. and the director of the CUA Suicide Prevention Lab (CUA SPL). He is also an adjunct professor of psychiatry, School of Medicine, Uniformed Services University of the Health Sciences. Dr. Jobes's research and writing in suicide has produced well over one hundred peer-reviewed publications (including six books on clinical suicidology). Dr. Jobes is a past President of the American Association of Suicidology (AAS) and was a recipient of that organization's 1995 Shneidman Award. He also received the 2012 AAS Dublin Award, the 2015 AAS Linehan Award, and the 2016 Faculty Achievement Award for Research at The Catholic University of America for his research contribution and the work of the SPL.



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### Jonathan B. Singer, PhD, LCSW

Jonathan B. Singer, PhD, LCSW is president of the American Association of Suicidology. He is an associate professor of social work at Loyola University, Chicago. Dr. Singer is the author of over sixty-five publications and co-author of the 2015 Routledge text, *Suicide in Schools: A Practitioner's Guide to Multilevel Prevention, Assessment, Intervention, and Postvention*. He is the founder and host of the award winning podcast series, the Social Work Podcast ([www.socialworkpodcast.com](http://www.socialworkpodcast.com)).



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### Barbara H. Stanley, PhD

Barbara H. Stanley, PhD, is professor of medical psychology in the Department of Psychiatry at Columbia University Vagelos College of Physicians & Surgeons. She is also director of the suicide prevention training, implementation, and evaluation for the Center for Practice Innovations and research scientist in Molecular Imaging and Neuropathology at the New York State Psychiatric Institute. Dr. Stanley is the leader of the Conte Center for Suicide Prevention Project Five: Stress, Inflammation, Aggression, and Emotion Regulation in Suicidal Behavior. With her colleague, Dr. Gregory Brown, she developed the Safety Planning Intervention that is used in emergency departments and inpatient and outpatient facilities throughout the V.A. and on crisis hotlines.



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### Sidney Zisook, MD

Dr. Zisook is a distinguished professor of psychiatry at UC San Diego. He directs the UC San Diego Healer Education, Assessment, and Referral (HEAR) program dedicated to preventing/reducing nurse and physician mental health stigma, burnout, and suicide. He serves on the scientific review board and grant review committee of the American Foundation for Suicide Prevention (AFSP), scientific advisory board of the Depression and Bipolar Support Alliance (DBSA), board of directors of the American College of Psychiatry, and the board of directors of the American Society of Clinical Pharmacology. He is the UC San Diego principal investigator on an industry-sponsored multi-site study assessing psilocybin-assisted psychotherapy for treatment-resistant depression.