



Colorado
Psychological
Association

CPA eNews



CPA CE Webinar: Combating College Student Loneliness Through Research & Design

Thursday, April 28, 2022
12PM - 1PM MT
1.0 CE Credits Available

Click to register!
CPA Members: \$35.00
Non-Members: \$70.00

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12 - 1PM MT

Registration: CPA Members: \$35.00; Non-Members: \$70.00

CEs: 1.0 CE Available

Program Level: Intermediate

Description:

Loneliness is a significant contributing factor to student attrition and poor mental health that has been drastically exacerbated in light of the pandemic. This presentation will highlight the 18+ month research process, development, launch, and impact of a scalable, digital intervention proactively addressing the issue of loneliness on campus. Results of a randomized controlled trial and subsequent launch at 30+ institutions, including Colorado State University and CU Denver, will be presented alongside key insights and learnings to assist campuses in decreasing loneliness amidst ongoing social anxiety and uncertainties.

Learning Objectives:

- Analyze the current state of loneliness on campuses across the nation and its associated mental health impacts, both prior to and in light of COVID-19.
- Analyze the opportunity to proactively support student belongingness and social connections to promote student mental health, well-being and success.

- Develop awareness and understanding of approaches being applied to buffer student loneliness and means to garner cross departmental support to reduce it.

Speaker: Nathaan Demers, Psy.D.

[More information and registration here!](#)

CPA: Ethics Committee Vacancy - Nominate by April 22

Do you have a passion for Ethics and are looking for a way to get more involved in CPA? Do you have experience teaching and/or consulting about ethics and psychology practice? Do you have 5+ years of post-licensure experience? The CPA Ethics Committee has an exciting opportunity for you!

The CPA Ethics Committee is composed of nine CPA member volunteers, all of whom have been licensed and practicing psychology for at least five years. The committee also includes a highly valued attorney consultant. The primary purpose of the Ethics Committee is to promote psychologists' ethical conduct by providing consultation and education regarding the APA Ethical Principles of Psychologists and Code of Conduct (2016) as well as providing external referrals for legal consultation as indicated. Consultation occurs primarily via responding to inquiries phoned in to the on-call committee member through the CPA ethics consultation service. The committee also writes articles on ethics for CPA publications and facilitates educational programs. Ethics Committee members serve four-year terms and members can self-nominate to continue for an additional term. The Committee meets monthly for about 90-min. Committee members often confer with one another throughout the month around responding to consultation inquiries as well as moving forward education projects. The total time commitment for members averages approximately five hours per month. The Ethics Committee is not affiliated with the Colorado State Board of Psychologist Examiners.

Deadline for nominations is April 22!

[Nominate Here](#)

Advocacy 101 Webinar Recording Available for CPA Members

This webinar was recorded on Monday, March 7. If you missed it, you can access the recording in CPA's Learning Center (members must login to access).

This was a free webinar for CPA members that discussed the role that psychologists can play in educating and influencing policymakers. There is a review of the federal legislative processes and ways to identify opportunities to influence each. Concepts and skills needed to effectively communicate with legislators and to advocate for legislative change were discussed. This webinar is helpful for those wanting to learn how to advocate more and for those who want to get involved with the March 27-28 APA advocacy summit!

[Watch the Webinar](#)

2-Part Webinar Series on Pharmacology and Depression/ Anxiety Now Available in CPA's [Learning Center](#)

On 2 consecutive Fridays in January, CPA hosted a 2-part webinar series, each offering 1 hour of CE. Register for one, or both!

Members pay \$45 per webinar; non-members pay \$55.

Recorded on Friday, January 7: **Part 1 - Pharmacological and Psychotherapy of Depression: Update and Best Practices**

Prescribing Psychologists integrate pharmacology with psychotherapy. The American Psychological Association has released a Clinical Practice Guideline for 2022 for this topic, across three age cohorts, which primarily focuses on psychotherapy but includes pharmacotherapy. Dr. Lia Billington's presentation of this topic will primarily focus on pharmacology to equip the consulting or future prescribing psychologist on the rationales for using certain antidepressants over others, and including initial dosing and titration, along with possible adverse effects. Case examples will illustrate features of treatment plans utilizing specific pharmacotherapies and psychotherapies. Foundational concepts from this webinar will be referenced in a second webinar on treatment of anxiety.

[REGISTER FOR PART 1 HERE!](#)

Recorded on Friday, January 14: **Part 2 - Pharmacological and Psychotherapy of Anxiety: When does CBT (or other modalities) need add-on pharmacotherapy?**

In this second part of a two-part series about the integration of pharmacotherapy with psychotherapy, the rationales for adding medications to psychotherapy for anxiety will be explored. Additionally, two special populations will be explored: (1) clients with co-occurring anxiety and depression, and (2) patients with co-occurring substance use disorder, in particular clients in partial or sustained recovery. Case examples will illustrate features of treatment plans utilizing specific pharmacotherapies.

[REGISTER FOR PART 2 HERE!](#)

Speaker: **Lia Billington, PhD, MA**

CPA is Looking for Volunteers to Fill Key Positions

- ***The Colorado Psychologist* is looking for volunteers for the editor team.**

If you are a CPA member and interested in joining The Colorado Psychologist editor team, please contact Kay Beaulieu at dr.kaybeaulieu@gmail.com.

- **CPA is recruiting for a new Programming Chair to start in July.**

The programming committee leads all programming efforts for the Colorado Psychological Association. Programming aims to develop and host meaningful events to provide CPA members pertinent education opportunities, develop and maintain strong professional networks, and create social opportunities for all members. Programming activities are aimed to meet the needs of all CPA members, from students, to early career psychologists, to veterans, and those after their working years. If you would like more information on this role and/or are interested in throwing your name in the hat, please contact CPA president, Kristin Orłowski at kristin.lea.orłowski@gmail.com.



CPA Members: Check Out Week 10 & 11 of Under The Dome - Your Legislative Update

Check out the latest legislative session blog by the CPA lobbyist, *Under the Dome* for important legislative updates and happenings in the state capitol.

[Under the Dome Reports](#)

To access and view the bills CPA is tracking and taking positions on, click below. Member login is required to access the bill tracker.

[CPA Bill Tracker](#)

Interested in presenting to your psychological community? Sign up for CPA programming and build your resume while also incurring continuing education credits!

Do you have expertise on a topic that you would be interested in presenting to other psychologists?

CPA is actively recruiting presenters for this year and beyond and we would love to hear from you! CPA has continued to prioritize ways to help improve the membership experience through increased involvement and educational opportunities.

Please find more information by clicking the link below.

If you have any further questions after reviewing and completing this survey, please reach out to CPA Programming Chair, Dr. Yvonne DelZenero at ydelzen@gmail.com or CPA President, Dr. Kristin Orlowski at Kristin.Lea.Orlowski@gmail.com.

[See FAQs and Take Survey Here](#)



The Colorado Psychologist - A CPA Publication

The Colorado Psychologist is a bi-monthly newsletter containing commentaries, articles on national and state issues affecting psychologists, ethical issues, interviews of CPA psychologists, and special features. CPA members can view past TCP publications by clicking the link below!

Submit an Article for TCP

If you are interested in submitting an article, reach out to Brian Beaumund, PsyD at Brian.Beaumund@gmail.com for submission guidelines.

Advertise in the TCP

Visit our advertising page [here](#).

The Colorado Psychologist is available to CPA members only. Not a member? [Join now!](#)

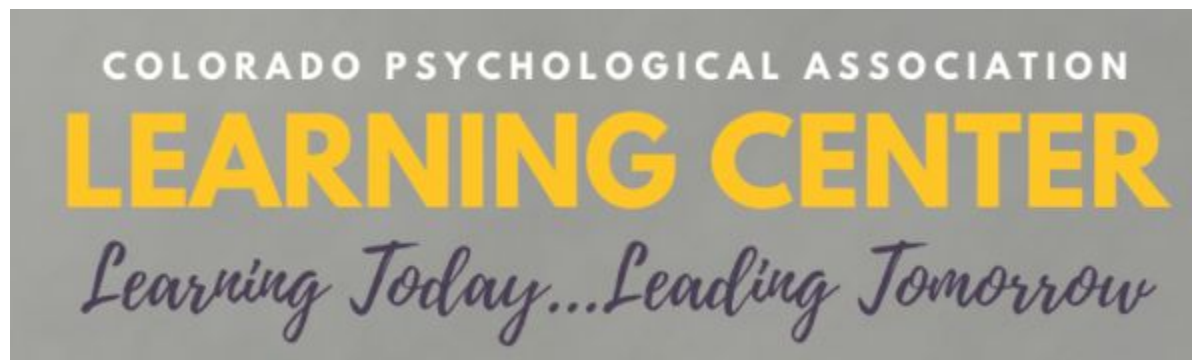
CPA is an Approver of CE by the APA

The Colorado Psychological Association is approved by the [American Psychological Association](#) (APA) to sponsor continuing education for psychologists. This includes co-sponsoring and approving CE credits for programs hosted by internal and external organizations.

If you have programs you would like us to consider for CE approval, please click below for more information! We will make every effort to approve your application as quickly as possible, though it may take up to 2-4 weeks for final approval.

[CE Approval Information](#)

CPA's Learning Center



CPA's platform for a quick, relevant and simple way to consume information and education!

What is the [Learning Center](#)?

This intuitive platform allows members and prospective members to navigate custom learning pathways with virtual courses and webinars, receive on-demand certificates, and keep track of education hours. These on-demand courses offer an easy, attractive and affordable way for learners to gain education on their own time and at their own speed!

The Learning Center's certification automation easily rewards success by issuing CEs and certificates to learners and online attendees through an automated tool which requires completion of certain components to unlock educational hours and certifications. Once a course is taken and the quiz or assessment successfully passed, the learner receives an email with a personalized CE certificate of completion attached.

The Learning Center is designed to save time and hassle!

FEATURED CONTENT:

- Webinar - [Colorado Prescriptive Authority - Learn from the Pioneers](#)
- Event - [2021 Green Symposium](#)
- Webinar - [Emotional Support Animals: Should I Write the Letter](#)
- Event - [2021 Elevating the Conversation](#)
- Event - [2021 CPA Day at the Capitol](#)
and more!

Members always pay a discounted rate, or receive content for free! Not a member? [Join here!](#)

Advertising Opportunities With CPA - Members Receive Discounted Rates

Advertise in the TCP

Display Ads (Width x Height)

Size	Member Pricing	Non-Member Pricing
Full Page (7 x 9.5)	\$350	\$420
1/2 Page (7 x 4.75)	\$225	\$270
1/4 Page (3.375 x 4.25)	\$150	\$180
1/6 Page (3.375 x 2.125)	\$125	\$150

Email Advertising to CPA Database

# of Blasts	Member Pricing	Non-Member Pricing
Single Email Blast	\$175	\$210
Two Email Blasts	\$325	\$390
Three Email Blasts	\$450	\$540

See the CPA Advertising webpage for all ad opportunities and purchasing.

Contact Info:

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